

## PSHE (Personal, Social, Health and Economic Education)

Blue Coat Infant school has developed a thematic approach to the PSHE curriculum so that different year groups would be working on similar themes at the same time throughout the year, allowing for cross-phase collaboration and to enable them to link the PSHE curriculum to whole school assemblies. We have used the core themes from the **PSHE Association Programme of Study** and the suggested topic titles from the **PSHE Association Primary Planning Toolkit** as a basis for our curriculum framework.

Core Themes from the PSHE Association Programme of Study – School Terms:

- ☐ Core Theme 1: **Health and Wellbeing** - Autumn Term
- ☐ Core Theme 2: **Relationships** - Spring Term
- ☐ Core Theme 3: **Living in the Wider World** - Summer Term

Topic Titles from the PSHE Association Primary Planning Toolkit:

- ☐ Core Theme 1: **Health and Wellbeing** – Healthy Lifestyles, Growing and Changing, Keeping Safe (Autumn Term)
- ☐ Core Theme 2: **Relationships** – Feelings and Emotions, Healthy Relationships, Valuing Difference (Spring Term)
- ☐ Core Theme 3: **Living in the Wider World** – Rights and Responsibilities, Environment, Money (Summer Term)

The school chose to cover every learning opportunity from the Programme of Study at least once within the primary phase, and usually more than once, to help build a spiral programme of learning year on year. The school decided in which year groups to address the learning opportunity and the corresponding learning objectives (from the Primary Toolkit) to reflect the context of the school and local community, and to address their pupils’ needs and stages of development.

Term	Autumn			Spring			Summer		
Core Theme	Health and Wellbeing <i>Minimum of 10 lessons</i>			Relationships <i>Minimum of 10 lessons</i>			Living in the Wider World <i>Minimum of 10 lessons</i>		
Topics	Healthy Lifestyles	Growing and Changing	Keeping Safe	Feelings and emotions	Healthy Relationships	Valuing difference	Rights and Responsibilities	Environment	Money
Year 1	What helps keep bodies healthy; hygiene routines	Recognising what they are good at; setting goals. Change and loss and how it feels	Keeping safe around household products; how to ask for help if worried about something	Recognising feelings in self and others; sharing feelings	Secrets and keeping safe; special people in their lives	Respecting similarities and differences in others; sharing views and ideas	Group and class rules; everybody is unique in some ways and the same in others	Looking after the local environment <i>(CROSS YEAR-GROUP PROJECT WITH YEAR 2)</i>	Where money comes from; how to use money - saving and spending money
Year 2	Healthy choices; different feelings; managing feelings	Recognising what they are good at; setting goals. Growing; changing and being more independent; correct names for body parts (including external genitalia)	Keeping safe in different situations; how to ask for help if they are worried about something; privacy in different contexts	Behaviour; bodies and feelings can be hurt	Listening to others and playing cooperatively; appropriate and inappropriate touch; teasing and bullying	Respecting similarities and differences in others; sharing views and ideas	Group and class rules; respecting their own and others' needs; groups and communities they belong to; people who work in the community; getting help in an emergency	Looking after the local environment <i>(CROSS YEAR-GROUP PROJECT WITH YEAR 1)</i>	Where money comes from; saving and spending money; making choices; keeping track of money spent/saved

## PSHE (Personal, Social, Health and Economic Education) Whole School Assembly Map

AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Huge Bag of Worries R3	Anti-Bullying Week H13,14,15 R11	Internet Safety & Road Safety H 13,14,15	Feelings & Emotions H4, R11	PANTS H13,14,15 R11,R10	CHRISTIAN VALUES R6,7