

Vocabulary

hygiene	Keeping my body and my teeth clean.
dental	To do with your teeth
cavities	A hole or sign of decay on your teeth
Mental health	A healthy mind
Emotions	How I am feeling
Safe pedestrian	Moving on foot
diet	The food I eat

Outdoor learning

The children will explore physical exercise in different forms using simple circuits and talking about changes in their heart rate, breathing etc.

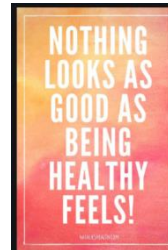
Aspiration and significant people

Dentist Athletes

Rosalind Frankin (1920-1958) was an English scientist who made X-ray images of DNA.

LOVE GOD, LOVE OTHERS LET YOUR LIGHT SHINE

Famous Quote:

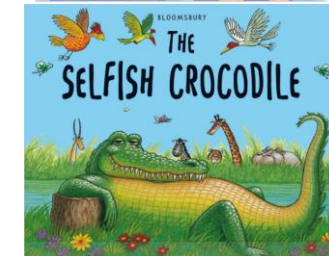
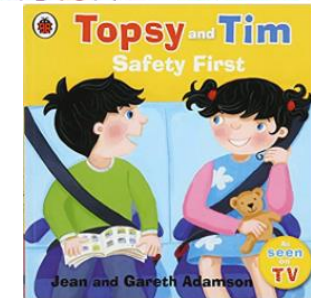


Healthy Me

Parental Engagement

Children monitor every time they brush their teeth.
 Children to create a portrait of themselves using food.
 Newsletter promoting a healthy lifestyle.
 Discussion with parents on mental health.

Book List



Enrichment

The children will explore the importance of exercise and good oral hygiene.
 The children will be visited by a dentist and have the opportunity to meet an athlete.

Personal, Social and Emotional Development

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly;
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; Responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.
- Be confident to try new activities and show independence, resilience and perseverance
- Explain the reasons for rules,
- Manage their own basic hygiene and personal needs
- Work and play cooperatively and take turns with others;
- Form positive attachments to adults and friendships with peers;
- Show sensitivity to their own and to others' needs.

Cool Communication and Language

- Listen attentively and respond to what they hear with relevant questions, comments and actions when being read to and during whole class discussions and small group interactions;
- Make comments about what they have heard and ask questions to clarify their understanding;
- Listen attentively and respond to what they hear with relevant questions, comments and actions when being read to and during whole class discussions and small group interactions;
- Make comments about what they have heard and ask questions to clarify their understanding;
- Hold conversation when engaged in back-and-forth exchanges with their teacher and peers.

Physical Development

- Negotiate space and obstacles safely, with consideration for themselves and others;
- Demonstrate strength, balance and coordination when playing
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.
- Know and talk about the factors that benefit overall health and wellbeing. E.g. Physical activity, Healthy eating, tooth brushing, limit screen time ,a good sleep routine and being a safe pedestrian.
- Further develop the skills to manage the School day effectively. E.g hygiene

Lovely Literacy

- Demonstrate understanding of what has been read and use recently introduced vocabulary during discussions about stories, non-fiction, rhymes and poems and during role-play.
- Say a sound for each letter in the alphabet and at least 10 digraphs; -Read words consistent with their phonic knowledge by sound-blending;
- Read aloud simple sentences and books that are consistent with their phonic knowledge, including some common exception words.
- Write recognisable letters, most of which are correctly formed;
- Spell words by identifying sounds in them and representing the sounds with a letter or letters;
- Write simple phrases and sentences that can be read by others.

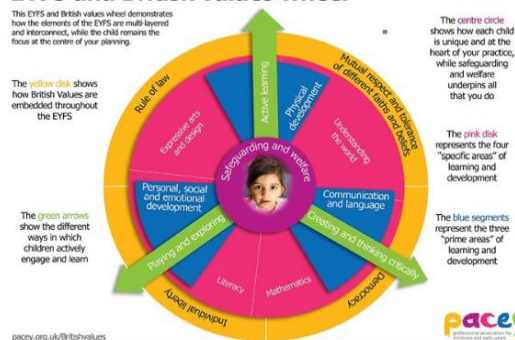
Marvellous Mathematics

- Have a deep understanding of number to 10, including the composition of each number;
 - Subitise (recognise quantities without counting) up to 5; Automatically recall (without reference to rhymes, counting or other aids) number bonds up to 5 (including subtraction facts) and some number bonds to 10, including double facts.
 - Verbally count beyond 20, recognising the pattern of the counting system;
 - Compare quantities up to 10 in different contexts, recognising when one quantity is greater than, less than or the same as the other quantity;
- Explore and represent patterns within numbers up to 10, including evens and odds, double facts and how quantities can be distributed equally.

Understanding the World

- Talk about the lives of the people around them and their roles in society;
 - Describe their immediate environment using knowledge from observation, discussion, stories, non-fiction texts and maps;
 - Know some similarities and differences between different religious and cultural communities in this country, drawing on their experiences and what has been read in class;
- Explain some similarities and differences between life in this country and life in other countries, drawing on knowledge from stories, non-fiction texts and – when appropriate – maps.
- Explore the natural world around them, making observations and drawing pictures of animals and plants;

EYFS and British values wheel



Expressive Arts

- Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function;
- Share their creations, explaining the process they have used;
- Make use of props and materials when role playing characters in narratives and stories.
- Invent, adapt and recount narratives and stories with peers and their teacher;
- Sing a range of well-known nursery rhymes and songs;
- Perform songs, rhymes, poems and stories with others, and – when appropriate – try to move in time with music.

Personal, Social and Emotional Development

The children will develop a greater understanding of the need for guidelines around personal hygiene including dental care. They will have an understanding of how to manage some of these independently.

They will continue to develop their ability to work alongside others.

Cool Communication and Language

The children will take part in a lot of role play scenarios based around dentistry and road safety in particular. They will use appropriate subject based language in these role plays.

The children will be asked questions to assess their understanding and these will be recorded for pupil voice.

Physical Development

Children will explore what is needed to keep their body clean. They will explore knowledge about the importance of good dental hygiene. They will act scenarios based around road safety and discuss how to keep safe in the home. They will discuss physical and mental well being considering different forms of exercise and the effects on a person's body and brain.

Lovely Literacy

The children will use the selfish crocodile to explore the topic of dental hygiene. They will also use a range of non fiction books to gather information about dental hygiene, road safety etc. They will use this vocabulary in their role play.

They will write simple sentences about how to keep the body healthy.

Marvellous Mathematics

The children will continue to explore the composition of numbers to 10 and above.

They will explore doubling, halving and sharing of a number.

Understanding the World

The children will explore and discuss the roles of people in society that take care of us such as dentists. They will explore road safety and being a responsible pedestrian.

Characteristics of effective Learning

Playing and exploring

Active learning

Creating and thinking critically

Expressive Arts

The children will use appropriate props to create role play scenarios around dentistry and road safety.

The children will explore texture and shape through printing with fruit and vegetables.

