

Fed up with looking at a screen all the time? Introducing:

www.not

also known as...

Wellbeing Web Free Wednesday Afternoons



What is it?

Every Wednesday afternoon we will share a practical activity for your child to do away from their computer, phone, laptop or tablet.

Why are you doing it?

We want your child to have a break from the screen to help their wellbeing whilst doing something practical that will help them with their learning.

How will I know what the activity is?

We will share each week's activity on Purple Mash and by text linked to details on our website.



How can my child share what they have done?

Email a photograph of your child doing the activity or the finished work to their year group email. With your consent we will share some of these on Twitter and our website.

Love God, love others

Let your light shine



**THE BLUE COAT CHURCH OF ENGLAND (AIDED)
INFANT AND JUNIOR SCHOOLS' FEDERATION**

BELIEVING, CELEBRATING, SUCCEEDING

EXECUTIVE HEAD TEACHER: MR. A. ORLIK



2nd February 2021

Wellbeing Web Free Wednesday Afternoon also known as *www.not*

Dear Parents/Carers,

Thank you for all your support with our remote learning provision. We greatly appreciate all you are doing to help your child to engage with the learning activities our staff are preparing and delivering each day.

Using computers, laptops, tablets and mobiles is a key part of your child's means to access our remote learning provision and as a result, their on screen time is extensive. Although, this computer use is necessary during this lockdown period, it is important for your child to have opportunities to have a break from the screen. To help your child, we are introducing 'Wellbeing Web Free Wednesday Afternoon' or '*www.not*' for short.

Every Wednesday afternoon we will share with you a whole Federation activity for your child to do. An important aspect of the activity will be that it will be a practical activity that will need to be done away from a screen. We hope your child will enjoy carrying out the *www.not* activities each week and we would love them to send a photograph of them doing the activity or the completed work for us to celebrate. Photographs should be emailed to your child's year group team email. *Please indicate in the email if you give consent for us to share the photograph on our Twitter Feed and website.*

We will share with you each week's activity in your child's Purple Mash Blog and by a text linked to a description of the activity on our website, so look out for this week's *www.not* activity tomorrow and every Wednesday!

Yours sincerely,

Mr. A. Orlik
Executive Head