

Curriculum Mapping for Blue Coat Federation

PSHE and Citizenship

We deliver PSHE in EYFS through daily EYFS play-based activities, role-play areas, quality children’s fiction and reflective discussion to begin to build pupils’ knowledge and understanding, skills, attitudes and attributes related to PSHE elements of education. Strands are taken from the ‘Development Matters’ document, September 2020. In KS1 and KS2, we deliver PSHE using a curriculum developed by the PSHE association, of which our Federation are members. Our thematic approach to primary PSHE education, covers all three core themes of the Programme of Study (Health and Wellbeing; Relationships; and Living in the Wider World) over the school year, with three topics per half term. This approach allows different year groups to work on similar themes at the same time, building a spiral programme year on year, whilst offering flexibility in terms of medium term planning. The colour coded topic areas can be adapted to meet planning requirements, pupils’ stage of development and needs and to reflect the context of the school and local community.

	Autumn: Relationships			Spring 2: Living in the wider world			Summer: Health and Wellbeing		
	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and Mental wellbeing	Growing and changing	Keeping safe
Nursery	Begin to make sense of their own life story and family’s history (UtW); show more confidence in new social situations (PSED)	Become more outgoing with unfamiliar people in the safety of their setting (PSED)	Continue to develop positive attitudes about the differences between people (UtW); help to find solutions to conflicts and rivalries (PSED)	Develop a sense of responsibility and membership of a Community (PSED)	Know that information can be retrieved from computers (TECH – pre 2020 ELG)	Show interest in different occupations (UtW)	Begin to understand how others might be feeling (PSED)	Talk about feelings using words like happy, sad, angry or worried (PSED)	Increasingly follow rules, understand why they are important (PSED)

Reception	Express feelings and consider the feelings of others (PSED)	Build constructive and respectful relationships (PSED)	See themselves as a valuable individual (PSED); think about the perspective of others (PSED)	Talk about members of their immediate family and community (UtW)	Interact with age-appropriate computer software. (TECH – pre 2020 ELG)	Name and describe people who are familiar to them (UtW)	Show resilience and perseverance in the face of a challenge (PSED); identify and moderate their own feelings socially and emotionally (PSED)	Manage their own needs (PSED)	Explain the reasons for rules, know right from wrong (PSED)
Year 1	Roles of different people; families; feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise, hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online
Year 2	Making friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class or year	Safety in different environments; risk and safety at home; emergencies

Year 3	What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places
Year 4	Positive friendships, including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life
Year 5	Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment; compassion towards others	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Personal identity; recognising individuality and different qualities; mental wellbeing	Keeping safe in different situations, including responding in emergencies, first aid and FGM

Year 6	Attraction to others; romantic relationships; civil partnership and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media
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EYFS

PSHE education is not a discrete curriculum subject within the statutory EYFS framework. The Prime area of Personal, Social and Emotional development (PSED), and Specific area of Understanding the World (UtW), have close links to the PSHE education Programme of Study.

Source: 'Development Matters' document, September 2020.

KS1 and KS2

Source: Long-term overview; Thematic Model Programme Builder, PSHE Association.

